



ISSUE DATE: 1/4/2019
TO: WIC Coordinators
FROM: Barb McClendon
OHA - Oregon WIC Program
SUBJECT: **WIC Policy Update 2019-01**

POLICIES THAT REQUIRE STAFF TRAINING:

◆ **769 – Assigning WIC Food Packages**

When offering to replace half of the jarred baby food with the fresh fruit and veggie benefit, provide the required nutrition education and document per policy. Nutrition education must address safe food preparation, fruit and vegetable storage techniques, and the progression of infant feeding practices to include finger foods and foods with more texture. Document in NE Topic dropdown using Infant FVB or other specified options in policy. (9.2.1)

As of the March TWIST release, tofu can be issued to replace all of the milk benefit. Policy updated to allow that. (Appendix A, k. tofu). For children, to replace more than 1 quart of milk with tofu will require an individual nutrition assessment, same as for issuing soy-based beverage. (9.5)

Examples of issuance of additional foods updated to reflect eWIC and the impact on any remaining balance in current month vs. future months. (14.0)

Clarification to the supplemental foods WIC can provide if child is fed by tube feeding. (Appendix C, 9.0)

◆ **770 – Authorized Foods**

- A2 milk is not allowed (3.2)
- Soy-based beverage, 128 oz. package is okay (3.6.3)
- 16 oz. (1lb) package of mozzarella string cheese allowed (4.1)
- Soft corn tortillas, package size of 8 oz. or larger (14.2.1)
- Whole wheat flour tortillas, package size of 8 oz. or larger (14.3.1)
- Whole Wheat Pasta, 16 oz. package (14.5.1)
- Baby rice cereal not allowed. (15.2)
- Appendix A – Areas with modifications:
- Cereals added and removed. String cheese added. Yogurts added. Silken tofu's added. Non-fat powdered goat milk added. A few brands of soft corn tortillas removed. A few brand changes to whole grain pasta. A few brand changes to whole wheat tortillas. Added baby rice cereal not allowed.

POLICIES WITH GENERAL UPDATES

◆ **100 – How to Use the WIC Policy Manual**

Updated formatting and made updates to reflect our current policy production process.

♦ **626 – Hemoglobin and Hematocrit Screening in WIC**

The screening period was set to 3 months, not 6 months. New standing orders were given and added to the policy.

♦ **730 – Bid Formula: Use and Description**

Updated with new soy bid formula (Similac Soy Isomil)

♦ **735 – Exchange and Handling of Returned Formula**

Minimal edits, added requirement that returned formula must have an expiration date of at least 6 months in the future in order to be redistributed to other clinics.

♦ **901 – TWIST Data System Security**

- Added procedure for assigning a new “Set User Security Local” role when the WIC Coordinator leaves the program and no other staff member has that role
- Removed the following Security Roles: WIC Laptop Certifier (CPA), WIC Laptop Clerk and Laptop Administration

NOTES:

- WIC policies can be viewed online at:
oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/wicpolicy.aspx
- Call the state WIC office at 971-673-0040 if you have questions about this release.